**Belly Body Wholeness • Covid-19 Policies and Procedures**

Massage Therapy is considered a close contact business. The *Tennessee Pledge* offers guidelines and best practices are intended as a supplement to assist with safely reopening and providing services due to COVID-19. Much of this document is taken directly from the *Tennessee Pledge.*

\*\*\*\*\* Due to the nature of close contact personal services, an abundance of caution is being exercised to mitigate or prevent exposure to COVID-19. Persons who are more vulnerable or at-risk for COVID-19 as identified by the CDC — including those who are over the age of 65 or those who have severe underlying medical conditions — should take extra precaution or refrain from using close contact personal services during Phase 1 of re-opening.

• Clients will be screened for illness as you enter the establishment including a no touch temperature check. If you answer yes to any of the questions below on the day of your appointment I ask that you please cancel your appointment and possibly seek medical help. You will not be charged any late fees.

I too will be screening myself daily before working with clients.

**▪ Have you been in close contact with a confirmed case of COVID-19?**

**▪ Are you experiencing a cough, shortness of breath, or sore throat?**

**▪ Have you had a fever in the last 48 hours (above 100.4)?**

**▪ Have you had a new loss of taste or smell?**

• Clients and Practitioners should wear a face covering at all times while in the premises and as recommended by the CDC and executive order of the governor. I understand that this may not be possible for all clients while lying face down.

*\*\*\* I appreciate your every act and agreement towards creating the safest work environment for both you I and those we are closest with. Thank you for your patience and kindness as we navigate these current times together.*

**BBW Appointment Protocol for 852 McCallie Ave**

There are parking spaces for clients behind the McCallie Integrated Wellness Building which in accessed by turning off of McCallie Ave. onto a driveway beside an adjacent building. Once in the back lot, there is a sign directing you down a path and around to the front entrance of our building. I am located on the second floor. Turn left at the top of the stairs and you will see my room near the window.

**Text me when you arrive and are ready for your appointment** and if you have your own **face covering please situate it to cover both nose and face before entering.** If you need a mask I can provide one for you.

I ask that patients come alone to their appointment unless accompanying a minor. If you have a driver they will need to wait in the car or elsewhere off premises. If you need help entering the clinic, please let me know and I will assist you. Clients are asked to wash hands with soap and water or upon arriving for their appointment or hand sanitizer can be provided.

I will ensure thorough treatment room disinfection is done after each client. (i.e. sanitize all equipment, linens, door handles).

• I will implement enhanced sanitization of commonly touched surfaces and equipment (i.e., at least every two hours and when visibly soiled), using CDC recommended sanitizers and disinfecting protocols.

• If paying with a credit card I will be using the square with my phone and I will complete the transaction in front of you. I am accepting cash and check for payment as well.

• Daily deep cleaning and sanitization will be completed for high-touch areas in the building.

• Appropriate temperatures will be used for washers and dryers to ensure thorough sanitization of towels, linens, etc.

• I will plan for potential COVID-19 cases, and work with local health department officials when needed (e.g., monitor and trace COVID-19 cases, deep clean facilities)